Name:

Capocci/Costantini

Literacy

\_\_\_\_ January 2016

1. What is Anger Management?
2. What are three Self-Help techniques for dealing with anger?
3. Explain how these techniques can help someone.
4. Out of all the techniques, which one would help you deal with anger the best?
5. How could Cole, from *Touching Spirit Bear*, use these techniques to help him?
6. How might Cole’s outcome be different if he had been taught these methods?
7. Make a prediction about the upcoming chapters in *Touching Spirit Bear*.